TEAM:

EAST MOUNTAIN LITTLE LEAGUE

MINOR	JUNIOR
MAJOR	□ SENIOR

□ INTER.

BASEBALL PITCHING AFFIDAVIT-PITCHER ELIGIBILITY TRACKING FORM

Date of Game	Pitches Thrown	Pitcher's Name	Uni #	League Age	Team Manager's Signature	Opposing Manager's Signature	Scorekeeper/Umpire Signature	Eligible to Pitch Again On (Date)

League	MAX pitches	# of Pitches	# Days Rest
Age	per day	Thrown	Required
6-8	50	1-20	0
9-10	75	21-35	1
11-12	85	36-50	2
13-14	95	51-65	3
		>65	4

League Age	MAX pitches per day	# of Pitches Thrown	# Days Rest Required
15-16	95	1-30	0
		31-45	1
		46-60	2
		61-75	3
		>76	4